



# Return To Play Protocols

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**In Effect As of July 4, 2020**

This document will lay out current IBSA procedures and protocols for safe return to programming amidst the COVID-19 situation in Ontario. All information contained here is subject to change based on direction from provincial, federal and health directives in Canada.

IBSA Basketball will be following all of the applicable guidelines outlined by the government of Ontario.

The below document and procedures below have been reviewed by all IBSA Basketball staff and printed copies will be on-hand at all times.

## Group Restrictions

- I. No more than 10 persons, staff included, will be allowed to gather at a time in an eligible space.
- II. Any group larger than 10 will be split, and divided between eligible spaces (i.e outdoor field and gym).
- III. Prior to the session beginning, an IBSA instructor will provide athletes with clear guidelines of how to operate within the facility, how to maintain space while training, and be shown their designated space for drill work and water breaks. Instructors will cover proper hand hygiene in the introduction.
- IV. Cohorts of 9 athletes will be designated a coach at the start of the programming and stick to that coach for the entire duration of the session. Cohorts will not be permitted to mix or change coaches.
- V. Upon any type of rotating to a new space, that space will be fully sanitized and disinfected prior to activity. No athlete will be permitted to enter a space before it has been sanitized.
- VI. Upon rotating to a new space, athletes will sanitize and wash their hands before moving to the new activity.

## Entry/Exit Procedure

- I. Athletes will enter and exit through separate doors where applicable, minimizing contact.
- II. Cohorts will be identified prior to the start of the session, and if possible, be instructed to enter/exit through alternate doors from each other throughout the duration of the programming
- III. Entrance to the facility will be monitored by an IBSA staff member.
- IV. When separate entrance/exit is not possible, athletes will be instructed to wait in their cars or maintain a safe distance from the exit until their designated program time begins.
- V. Parent spectators will not be allowed in the facility. A strict drop-off and pick-up policy will be enforced. This policy includes:
  1. Drop-off and pick-up outside the facility
  2. Alternate drop-off and pick-up points for cohorts if applicable at facility
  3. One athlete at a time entering the facility and being screened by staff as well as one athlete exiting the facility at a time to be picked up.
  4. Distancing of vehicles dropping off and picking up to allow for proper physical distancing
- VI. Upon entrance and before exiting, athletes will be instructed to sanitize or wash their hands.

- VII. Social distancing markings will be placed on the floor inside the facility to ensure physical distancing during the entry and exit procedure.

## **Physical Distancing**

- I. Athletes will maintain a 2m distance from each other during all entry, exit and programming.

## **Washroom Utilization**

- I. Athletes will be allowed to use washrooms one at a time
- II. Cohorts will be instructed to use separate washrooms if applicable at the facility

## **Food/Beverage**

- I. Cohorts will have a designated water break area, separate from other cohorts.
- II. Only water will be permitted. No food will be permitted.
- III. During all water breaks, physical distancing of 2m will be enforced.
- IV. Water fountains will only be used if they have a bottle filler, the regular spout will not be permitted for use by athletes or staff.
- V. All waste, including recycling will be promptly removed from the gym space into the proper receptacles at the end of training

## **COVID-19 Wellness Screening Process**

- I. All staff and athletes will complete a self-declaration waiver stating they are not feeling unwell, experiencing sickness symptoms, or have a raised temperature. This waiver has been provided by the Ontario Basketball Association. This waiver will be completed daily before camp.
- II. Any athlete suspected of being unwell will not be permitted to attend IBSA programming.
- III. Parents will be instructed to complete a temperature check each morning before camp and to include that in their daily COVID-19 waiver. Staff will complete their own temperature check daily.

- IV. If specified by the government, IBSA will provide face masks to staff and athletes before admittance into the facility.
- V. Staff will monitor and check for signs and symptoms of COVID-19 and, if necessary, follow the infection control and reporting outline later in this document.

## **Non-Essential Visitors**

No non-essential visitors will be permitted inside the gym. As well:

- I. All visitors will be logged, including their entry and exit time
- II. Physical distancing of visitors, staff and participants will be maintained at all times

## **Equipment Sanitizing**

- I. Athletes will bring their own basketball and water bottle, sharing will not be permitted.
- II. Each athlete will have a separate, designated space for water breaks and to leave their bottles, bags and other paraphernalia
- III. All sessions will have a minimum 15 minute interval between to allow for cleaning and sanitization of equipment. This interval will extend to 30 minutes as needed by the facility.
- IV. All equipment used by coaches will be sprayed and wiped down with sanitizing equipment between sessions and cohort usage.
- V. Hand sanitizing stations will be set up at either side of the available space, allowing for sanitization before, during and after programming.

## **Additional Cleaning/Disinfection**

As well as between and during programming, IBSA staff will clean the high touch areas of the gym before the start of, and after programming. This includes:

- I. Wiping of handles/doors
- II. Wiping down of any sweat/perspiration on the floor
- III. Additional cleaning and wipe-down of equipment

The main disinfectant used and its SDS sheet can be found here

[:https://www.vercounty.org/MSDS/SDS-Tech%20Services/21-Professional%20Lysol%20Disinfectant%20Spray%20All%20Scents\\_SDS.pdf](https://www.vercounty.org/MSDS/SDS-Tech%20Services/21-Professional%20Lysol%20Disinfectant%20Spray%20All%20Scents_SDS.pdf)

## **Programming Changes**

Whilst IBSA is an individual training focused organization, to facilitate stricter physical distancing coaches will use completely restructured programming that includes:

- I. Eliminating all physical contact on the court (including 1on1/2on2 drills, scrimmages and games)
- II. All drills will be carefully designed to eliminate the need for a partner or group of players
- III. Rotating smaller groups through available spaces (such as outdoor field, alternate gym, etc.) when possible, further minimizing contact and increasing the overall safety of participants during programming.
- IV. All sessions will be held with at least one staff member certified in CPR/First Aid.
- V. Weekly IBSA Coaches meetings, where each coach will have to provide the upcoming program plan for that week in line with current guidelines. Each program plan will be approved by the IBSA President and Director of Basketball before being implemented onto the basketball court.

## **Infection Control & Reporting**

If a program participant begins to experience symptoms of COVID-19 while attending programming, staff will employ the follow protocols:

- I. Symptomatic participants will be immediately isolated in a supervised and safe area until their parent/guardian can retrieve them.
- II. 2 metre distance from the symptomatic participant will be maintained at all times by staff and athletes
- III. The local public health unit will be contacted and notified of a potential case, and instructions from their end will be followed
- IV. The symptomatic participant as well as any staff supervisors will wear face masks (unless not tolerated), eye protection (shield/goggles), and utilize proper hand hygiene and respiratory hygiene (tissues/tissue disposal).
- V. A thorough inventory of the items and spaces used by the symptomatic participant will be taken - these items and spaces will be immediately deep cleaned and disinfected. Anything unable to be disinfected will be removed from the camp and stored for a minimum of 7 days.

- VI. A thorough inventory of staff and participants who were close to the symptomatic athlete will be taken, those applicable will be further cohorted and follow all further instruction from the local public health unit in regards to testing and control.
- VII. All staff, athletes and parents will be notified of a potential COVID-19 case and given instructions for testing and reporting.
- VIII. If a COVID-19 case is found, all participants and staff will be excluded from any future programming until a 14 day quarantine period has been observed - after this period a negative COVID-19 test result will be mandatory before return to programming.
- IX. If a staff member is diagnosed with COVID-19, the staff member must remain off work for 14 days following symptom onset and has received clearance from the local public health unit. A negative COVID-19 test will be mandatory before return to camp programming.
- X. If a staff member is a close contact of an individual diagnosed with COVID-19, the staff member must remain off work for 14 days from last exposure. A negative COVID-19 test after 14 days is mandatory to return to camp programming.
- XI. Staff members will contact the local public health unit and follow their instructions for safe return to work.
- XII. Staff members will report to their Employee Health/Occupational Health and Safety department prior to return to work.
- XIII. Any instances of occupationally acquired infection shall be reported to WSIB within 72 hours of receiving notification of said illness

Please note that the protocols and guidelines outlined by IBSA Basketball above is not an exhaustive list and is subject to change. IBSA Basketball will be following all updated guidelines outlined by the government of Ontario and local public health units.